

Money-Saving Challenges

Small, playful challenges build the saving habit without it feeling like a chore. Pick one to try this month.

1

The €1 Challenge

Put aside €1 every day. Over a year, that's €365.

2

The 1c Challenge

Save 1 cent on day one, 2 cents on day two, and so on, adding a cent more each day. It adds up faster than you'd think.

3

The No-Spend Challenge

Pick a week (or even a weekend) and only spend on things you truly need.

4

The 24-Hour Rule

If you want something that costs more than a set amount, wait a day before buying it. You'll often find you don't want it as much the next day.

5

The Shop and Swap Challenge

Before buying something new, check if a friend has one you could swap or borrow, or compare a couple of prices first.

6

The 30-Wear Rule

Before buying a piece of clothing, ask yourself if you'll wear it at least 30 times. If not, it might not be worth it.

7

The Take Control Challenge

Pick one goal, and stick to it for a set period of time.

Tip: Small savings really do add up to bigger results over time.

Challenge I'm picking:
