

My 30-Day Money Action Plan

Pick one thing at a time. Small, specific goals are easier to actually stick to.

One thing I will track

One spending trigger I will watch for

One security setting or habit I will improve

One money claim I will fact-check

Tip: A "money claim" is anything you see online promising quick riches, a guaranteed return, or a trick everyone else is using. Worth a second look before you believe it.

My 30-day goal

The first step I will take this week
